

Would EI Be Beneficial for My Child?

Typical Infant and Toddler Development



	By 3 months	By 6 months	By 9 months	By 12 months
Feeding	<ul style="list-style-type: none"> <input type="checkbox"/> Latches onto nipple; sucks and swallows without choking, gagging or losing liquid <input type="checkbox"/> Roots when hungry (nipple, breast or finger to cheek or lips) 	<ul style="list-style-type: none"> <input type="checkbox"/> Begins to accept pureed foods and cereals from a spoon <input type="checkbox"/> Places both hands on bottle or breast 	<ul style="list-style-type: none"> <input type="checkbox"/> Holds bottle independently <input type="checkbox"/> Starts to finger feed bite-size baby-appropriate food <input type="checkbox"/> Transition to soft table foods such as baby cookies and meltable puffs <input type="checkbox"/> Starts to explore food with hands <input type="checkbox"/> Begins to use sippy cup 	<ul style="list-style-type: none"> <input type="checkbox"/> Finger feeds self and holds spoon <input type="checkbox"/> Accepts bites of chopped soft table foods, such as bananas <input type="checkbox"/> Begins to use a straw cup
Communication/Self Help	<ul style="list-style-type: none"> <input type="checkbox"/> Makes eye contact and watches eyes and mouths of others <input type="checkbox"/> Attends to voices of familiar caregivers and sounds <input type="checkbox"/> Produces differentiated cries for hunger, tiredness, pain <input type="checkbox"/> Soothes self by sucking on pacifier/fingers 	<ul style="list-style-type: none"> <input type="checkbox"/> Begins to babble consonant sounds <input type="checkbox"/> Turns head to locate sounds and voices 	<ul style="list-style-type: none"> <input type="checkbox"/> Increases variety of sounds and syllables while babbling 	<ul style="list-style-type: none"> <input type="checkbox"/> Says 'mama' and 'dada' nonspecifically <input type="checkbox"/> Associates spoken words with familiar objects or actions <input type="checkbox"/> Babbles with inflection and intent <input type="checkbox"/> Able to soothe self when upset
Social/ Play Skills	<ul style="list-style-type: none"> <input type="checkbox"/> Shows awareness of people and movement <input type="checkbox"/> Fixates on and begins to track objects <input type="checkbox"/> Enjoys being picked up and held 	<ul style="list-style-type: none"> <input type="checkbox"/> Explores toys using hands and mouth <input type="checkbox"/> Expresses excitement when presented with a toy or familiar caregiver approaches <input type="checkbox"/> Smiles socially and laughs 	<ul style="list-style-type: none"> <input type="checkbox"/> Plays "Peek a Boo" <input type="checkbox"/> Waves Bye-Bye <input type="checkbox"/> Exhibits stranger anxiety <input type="checkbox"/> Shows interest in toys with lights, music and sound 	<ul style="list-style-type: none"> <input type="checkbox"/> Uncovers a hidden toy and drops toys from highchair <input type="checkbox"/> Pats pictures in book <input type="checkbox"/> Enjoys looking at self in mirror
Physical Development	<ul style="list-style-type: none"> <input type="checkbox"/> Holds head in middle, versus one side or the other, for play <input type="checkbox"/> Begins to lift head when on belly or held on shoulder <input type="checkbox"/> Keeps hands mostly open and in loosely fistled position <input type="checkbox"/> Brings hands together at center of body and brings hands to mouth 	<ul style="list-style-type: none"> <input type="checkbox"/> Rolls from back to tummy <input type="checkbox"/> Reaches for and actively grasps toys <input type="checkbox"/> Holds head up well in supported sitting <input type="checkbox"/> Lifts chest and head when on belly and begins to reach for toys 	<ul style="list-style-type: none"> <input type="checkbox"/> Sits independently with balance <input type="checkbox"/> Rolls actively in both directions <input type="checkbox"/> Bears full weight on legs when in standing position <input type="checkbox"/> Gets in and out of sitting position without assistance <input type="checkbox"/> Assumes hand-knee position and rocks and crawls 	<ul style="list-style-type: none"> <input type="checkbox"/> Pulls to stand and cruises furniture <input type="checkbox"/> Puts toys in and takes them out of a container <input type="checkbox"/> Uses thumb and forefinger to pick up tiny objects <input type="checkbox"/> Pokes with index finger

All areas of development are impacted by a child's ability to process and act upon information received through the senses (sensory processing).

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	By 15 months	By 18 months	By 24 months	By 36 months
Feeding	<ul style="list-style-type: none"> <input type="checkbox"/> Eats a variety of chopped table foods, all textures (soft meats should be ground) <input type="checkbox"/> Can chew with lips closed (inconsistent) 	<ul style="list-style-type: none"> <input type="checkbox"/> Drinks from an open cup with assistance <input type="checkbox"/> Uses utensils to feed self <input type="checkbox"/> Uses controlled, sustained bite; opens mouth wider than necessary to bite foods of various thickness 	<ul style="list-style-type: none"> <input type="checkbox"/> Chews and swallows solid foods (including combination of textures) with easy lip closure; no loss of food <input type="checkbox"/> Can transfer food from either side of mouth to other side without pausing in center 	<ul style="list-style-type: none"> <input type="checkbox"/> Eats the same foods as the rest of the family
Communication/ Self Help	<ul style="list-style-type: none"> <input type="checkbox"/> Says 'mama' and 'dada' specifically <input type="checkbox"/> Uses 5-10 words consistently <input type="checkbox"/> Spontaneously picks up new words and sounds <input type="checkbox"/> Follows simple commands 	<ul style="list-style-type: none"> <input type="checkbox"/> Uses 10-15 words spontaneously <input type="checkbox"/> Uses a combination of words and gestures to get wants and needs met 	<ul style="list-style-type: none"> <input type="checkbox"/> Uses 2 word phrases/ sentences <input type="checkbox"/> Has a vocabulary of 25+ words <input type="checkbox"/> Follows more complex commands and directions <input type="checkbox"/> 	<ul style="list-style-type: none"> <input type="checkbox"/> Answers questions <input type="checkbox"/> Performs daily routines, such as feeding, dressing, teeth brushing, with minimal assistance <input type="checkbox"/> Gives name on request <input type="checkbox"/> Constructs 3 + word sentences <input type="checkbox"/> Uses 200 + words
Social/ Play Skills	<ul style="list-style-type: none"> <input type="checkbox"/> Shows affection toward familiar people <input type="checkbox"/> Begins to show sense of humor <input type="checkbox"/> Displays independent behavior; is difficult to discipline (in "NO" stage) <input type="checkbox"/> Turns pages in books <input type="checkbox"/> Begins to show interest in puzzles, nesting, and stacking toys <input type="checkbox"/> Enjoys rough and tumble play 	<ul style="list-style-type: none"> <input type="checkbox"/> Recognizes and points to pictures in books upon request <input type="checkbox"/> Identifies self in mirror <input type="checkbox"/> Attends to toy or activity for approximately 3 minutes <input type="checkbox"/> Explores variety of playground equipment 	<ul style="list-style-type: none"> <input type="checkbox"/> Begins to play with other children <input type="checkbox"/> Plays independently; entertains self <input type="checkbox"/> Begins to match shapes and colors <input type="checkbox"/> Listens to short stories <input type="checkbox"/> Enjoys songs and finger play <input type="checkbox"/> Imitates gestures and facial expressions <input type="checkbox"/> Identifies 3 body parts 	<ul style="list-style-type: none"> <input type="checkbox"/> Names and identifies shapes and colors <input type="checkbox"/> Begins pretend play <input type="checkbox"/> Looks at books independently <input type="checkbox"/> Understands concept of 1 by giving one out of many <input type="checkbox"/> Completes 6-9 piece puzzle; nests, sorts, stacks on own
Physical Development	<ul style="list-style-type: none"> <input type="checkbox"/> Isolates and points index finger <input type="checkbox"/> Walks independently with minimal falling <input type="checkbox"/> Creeps up stairs <input type="checkbox"/> Stacks two blocks or objects <input type="checkbox"/> Makes stray marks with crayon 	<ul style="list-style-type: none"> <input type="checkbox"/> Goes up and down stairs with assistance <input type="checkbox"/> Throws ball forward and attempts to kick it <input type="checkbox"/> Runs with a hurried walk <input type="checkbox"/> Puts tiny objects into smaller container and inverts container to dump 	<ul style="list-style-type: none"> <input type="checkbox"/> Squats and returns to stand with ease <input type="checkbox"/> Runs without tripping or falling <input type="checkbox"/> Rides on ride-on toy without pedals <input type="checkbox"/> Stacks 6 blocks <input type="checkbox"/> Scribbles lines and circular shapes in an imitative fashion 	<ul style="list-style-type: none"> <input type="checkbox"/> Jumps in place with both feet <input type="checkbox"/> Begins to use pedals on ride-on toys <input type="checkbox"/> Jumps forward and sideways <input type="checkbox"/> Throws ball with direction, kicks ball without faltering <input type="checkbox"/> Balances on one foot without falling for up to 5 seconds <input type="checkbox"/> Strings beads <input type="checkbox"/> Holds crayon with a mature grasp

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